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THINK SCAD!

SCAD mainly affects young- to middle-aged women, but also affects men.

SCAD usually presents as Acute Coronary Syndrome (ACS) but as patients are 'low risk' for ACS, **THINK SCAD!**

SCAD associations have been described with Female sex hormones | Fibromuscular Dysplasia (FMD) | Connective tissue disorders | Pregnancy and post-partum | Extreme emotional stress | Extreme exercise



www.beatscad.org.uk

INFORMATION FOR HEALTH PROFESSIONALS

Spontaneous Coronary Artery Dissection

SCAD is a rare heart condition that is non-atherosclerotic and affects people with few or none of the normal cardiac risk factors.

A tear or bruise develops in a coronary artery resulting in a blockage that prevents normal blood flow and can lead to a heart attack, heart failure, cardiac arrest, and can be fatal. The cause(s) of SCAD are unknown.

ECG may look normal – check troponin for cardiac trauma

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