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<h2>THINK SCAD!</h2> <p>SCAD mainly affects young- to middle-aged women, but also affects men.</p> <p>SCAD usually presents as Acute Coronary Syndrome (ACS) but as patients are 'low risk' for ACS, THINK SCAD!</p> <p>SCAD associations have been described with Female sex hormones Fibromuscular Dysplasia (FMD) Connective tissue disorders Pregnancy and post-partum Extreme emotional stress Extreme exercise</p> <p> www.beatscad.org.uk</p>	<h2>INFORMATION FOR HEALTH PROFESSIONALS</h2> <h3>Spontaneous Coronary Artery Dissection</h3> <p>SCAD is an underdiagnosed heart condition that is non-atherosclerotic and affects people with few or none of-the normal cardiac risk factors.</p> <p>A tear or bruise develops in a coronary artery resulting in a blockage that prevents normal blood flow and can lead to a heart attack, heart failure, cardiac arrest, and can be fatal. The cause(s) of SCAD are unknown.</p> <p>ECG may look normal – check troponin for cardiac trauma</p>
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