



beat SCAD Impact Report 2025

We couldn't do what we do without our wonderful supporters, fundraisers and volunteers. As a small charity with big ambitions, we are always in awe of how much you raise each year, how much time our volunteers put in, how the community supports each other, and how so many of you help raise awareness of SCAD.

We are currently the main funders of the clinical research fellow working with the [SCAD Research Project in Leicester \(scad.lcbru.le.ac.uk\)](https://scad.lcbru.le.ac.uk), Dr Anju Velvet, who is researching the role of sex hormones in SCAD, and planning to investigate the efficacy of managing post-SCAD chest pain with HRT and the safety of HRT in peri- and post-menopausal women. Dr David Adlam, who is leading the research, says 'The UK research and clinical service would have petered out years ago without the funds you have raised and the inspiration you give to us all.' And it's only through your fundraising and donations that we have been able to achieve this. Thank you to everyone who has supported us! For more on Dr Velvet's



research, scan the QR code or click the link below and watch from 54 minutes in [this video: youtube.com/watch?v=SnyCB4lfzyg&t=2s](https://www.youtube.com/watch?v=SnyCB4lfzyg&t=2s)

And read more about some of the other research projects at beatscad.org.uk/news/scad-research-round-up-2025.

On the support front, one of this year's projects was to update and bring together the

£48.7k
gross
income*

**Income & research
donations**

£88.5k
donated to
research*

£38.8k*

Donations & fundraising

1700
downloads

**Leaflets &
information sheets**

4330
posted



**Patient Booklet and
Fundraising Pack launched**

information contained in three patient leaflets into one booklet, with links to the website. Our new SCAD for Patients booklet was launched in June and, in less than four months, we posted out over 140 copies to patients and healthcare professionals, and more than 140 copies were downloaded from our website (scan the QR code or click this link beatscad.org.uk/Footer/Downloads-and-Leaflets). We also launched a Fundraising Pack we hope will provide inspiration for anyone who wants to raise money.



Beat SCAD has no paid employees so volunteers play a vital role in helping us do our work and continue making an impact. This year, Emma Rose joined us as our Volunteer Manager to help us expand our volunteer network, aiming to bring additional skills to the team, so we can achieve even more in the coming years.

Emma is a SCAD patient and has worked in the third sector managing volunteer teams for 20 years at various organisations and said she thought it right to offer her skills to Beat SCAD. She has made a great start and we are gradually getting more volunteers on board.

You can see a few of this year's highlights opposite.

[Read more about this year's fundraisers at beatscad.org.uk/news/fundraising-update-2025](https://beatscad.org.uk/news/fundraising-update-2025) and see beatscad.org.uk for other news and success stories.

7
patients
supported

Buddy Service, one-to-one patient support

One service user told us: 'Following a SCAD diagnosis you feel alone and are looking for answers and support. Having a Buddy is **a lifeline**. It enabled me to talk about **how I felt** and **my fears**. 'Having someone who understands is so important for recovery. I could ask questions and have answers **without feeling I was being judged**. Having **guidance and support** when I didn't know how to share my feelings with family and friends.

'My buddy always provided me with information to help me better understand SCAD and guided me before I talked to my GP who, in my experience, had no knowledge of this condition. 'I looked forward to the telephone conversations as I felt **a sense of relief** to be able to say exactly how I felt without upsetting anyone.

'This is a service that **not only supports but aids recovery**. I will be forever grateful.'

1900
patients

Facebook support group members

470
friends &
family

The core values of Beat SCAD guide the decisions we make and the services we provide to fulfil our mission and work towards our vision.

PATIENT DRIVEN

We understand the needs of the SCAD community and we push forward to find answers.

EMPOWERMENT

We provide knowledge and support to enable SCAD patients to take control of their diagnosis.

COMMUNITY

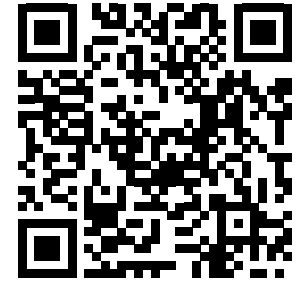
We bring together SCAD patients and families to benefit from sharing their experiences.

PARTNERSHIP

We work collaboratively with our supporters and researchers to optimise outcomes.

Help us make an impact!

We rely on donations to make an impact. Please scan this QR code or go to paypal.com/fundraiser/charity/141748 to donate.



Other ways to donate can be found on our website beatscad.org.uk/Donate

For fundraising ideas see beatscad.org.uk/Get-Involved/Fundraise-for-Us

Download our Fundraising Pack from beatscad.org.uk/Footer/Downloads-and-Leaflets/Fundraising

Thank you!

About Beat SCAD

Beat SCAD is a patient-led charity whose vision is a world that understands SCAD, where those affected are quickly and accurately diagnosed and never feel alone. Beat SCAD was established in 2015 by SCAD survivors whose mission is to:

- Raise awareness of SCAD.
- Provide support for SCAD patients, family and friends.
- Raise funds for research into SCAD.

Beat SCAD is run entirely by volunteers and is dependent on the generosity of our supporters offering their time, skills, knowledge and enthusiasm to continue

Please get in touch if you have any questions, want to volunteer, fundraise or can help us achieve our aims in other ways.

contactus@beatscad.org.uk pushing forward with our mission.

Find us online



beatscad.org.uk



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